

### INTERCESSIONS—Please pray for...

The parish of St Mary's with Christchurch, Abergavenny, is twinned with the parish of Evanda with Secunda, Diocese of the Highveld. Please pray for the ministers and people of Evanda with Secunda.

All those suffering from coronavirus and all those caring for them. All those now going back to work and learning to live with the 'new normal'.

#### Sunday, 2 August 2020

*Pray for the new Province of Alexandria - created from the former Diocese of Egypt with North Africa and the Horn of Africa in the Episcopal Church of Jerusalem and the Middle East.*

Newport Cathedral: Lister Tonge, Jonathan Williams  
Cathedral Chapter Canons and Honorary Canons  
Holywell Close, Holywell Crescent

#### Monday, 3 August 2020

Karnataka Central (*South India*)  
Karnataka North (*South India*)  
Karnataka South (*South India*)

The Archdeacons of Monmouth, Newport and the Gwent Valleys, the Archdeacons and the Area Deans.  
Holywell Road, Holywell Road East

#### Tuesday, 4 August 2020

Ogbaru (*Nigeria*)  
Bondo (*Kenya*)  
Kasai - Mbujimayi (*Congo*)  
Abergavenny Ministry Area  
Llantilio Pertholey CiW Primary School  
Director of Ministry—Ambrose Mason  
Jubilee Court, Junction Yard

#### Wednesday, 5 August 2020

Ogbia (*Nigeria*)  
Bor (*South Sudan*)  
Umzimvubu (*Southern Africa*)  
Bassaleg Ministry Area  
Director of Mission Sue Pinnington  
King Street, Knoll Road

#### Thursday, 6 August 2020

Ogbomoso (*Nigeria*)  
Botswana (*Central Africa*)  
Brandon (*Canada*)  
Bedwas with Machen Ministry Area  
Diocesan Secretary Isabel Thompson  
Laburnam Walk, Lamb Close

#### Friday, 7 August 2020

Ogoni (*Nigeria*)  
Brasilia (*Brazil*)  
Brazzaville (*Congo*)  
Blaenavon Ministry Area

Blaenavon Heritage CiW Primary School  
Lansdown Drive, Lansdown Road  
**Saturday, 8 August 2020**  
Ogori-Magongo (*Nigeria*)  
Brechin (*Scotland*)  
Katakwa (*Kenya*)  
Caerleon Ministry Area  
Charles Williams CiW Primary School;  
Ponthir CiW Primary School  
Laundry Place, Lewis's Lane

#### Sick:

Emily Chicken; Ian Clissold; Sian Davies;  
Tania; Rosemary Aurelius; Max  
Roebuck; Gwyneth Jones

#### Recently departed:

Christine Mary Carter  
Anne Morgan

#### DAILY READINGS

##### Sunday, August 2 – Trinity 8

Isaiah 55. 1-5  
Psalm 145.14-21  
Romans 9. 1-5  
Matthew 14. 13-21

##### Monday, August 3

Jeremiah 28. 1-17  
Psalm 119. 89-96  
Matthew 14. 13-21

##### Tuesday, August 4

Jeremiah 30. 1, 2, 12-22  
Psalm 102. 16-22  
Matthew 14. 22-36

##### Wednesday, August 5

Jeremiah 31. 1-7  
Psalm 121  
Matthew 15. 21-28

##### Thursday, August 6 – Transfiguration of our Lord

Daniel 7. 9, 10, 13, 14  
Psalm 97  
2 Peter 1. 16-19  
Luke 9. 28-36

##### Friday, August 7

Nahum 1. 15; 2.2: 3. 1-3, 6, 7  
Psalm 124  
Matthew 16. 24-28

##### Saturday, August 8

Habakkuk 1.12 – 2.4  
Psalm 9. 7-14  
Matthew 17. 14-20

## St Mary's Priory & Christchurch and Holy Trinity, Abergavenny, St Peter's, Llanwenarth Citra August 2 - Trinity 8 (Proper 13)

Our readings today focus on God's provision for his people. We can let go of our fears and worries that there may not be enough to go around.

Through the incarnation God joins us in our human need through his Divine Compassion, and we are protected and nourished by the infinite love of God.

In the Gospel the disciples worry that there won't be enough to go around, but they have not reckoned on Jesus, the Bread of Life who gives himself for the life of the world.

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*Lord Jesus, you feed the poor in your  
compassionate love,*

*Sustain us with your words of life and the  
blessing of your living bread,*

*May we be ever grateful for the fruits of your  
world and of your spirit,*

*May we be ever mindful that, even if we fear  
we are in a deserted place, you are always  
with us,*

*May our hearts be warmed by your love  
that we may share our bread with others.*

*Amen.*



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### THE COLLECT

Almighty Lord and everlasting God, we beseech you to direct, sanctify and govern us in the ways of your laws and the works of your commandments; that through your most mighty protection, both here and ever, we may be preserved in body and soul; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

### FIRST READING

A Reading from the Book of the Prophet Isaiah.

Ho, everyone who thirsts,  
come to the waters;  
and you that have no money,  
come, buy and eat!  
Come, buy wine and milk  
without money and without price.  
Why do you spend your money for that which  
is not bread,  
and your labour for that which does not  
satisfy?  
Listen carefully to me, and eat what is good,  
and delight yourselves in rich food.  
Incline your ear, and come to me;  
listen, so that you may live.  
I will make with you an everlasting covenant,  
my steadfast, sure love for David.  
See, I made him a witness to the peoples,  
a leader and commander for the peoples.  
See, you shall call nations that you do not  
know,  
and nations that do not know you shall run to  
you,  
because of the LORD your God, the Holy One  
of Israel,  
for he has glorified you.

This is the word of the Lord.  
**Thanks be to God.**

### SECOND READING

A Reading from St Paul's letter to the Romans.  
I am speaking the truth in Christ. I am not  
lying; my conscience confirms it by the Holy  
Spirit.  
I have great sorrow and unceasing anguish in  
my heart. For I could wish that I myself were  
accused and cut off from Christ for the sake  
of my own people, my kindred according to  
the flesh. They are Israelites, and to them  
belong the adoption, the glory, the covenants,  
the giving of the law, the worship, and the  
promises; to them belong the patriarchs, and  
from them, according to the flesh, comes the  
Messiah, who is over all, God blessed for ever.  
Amen.

This is the word of the Lord.  
**Thanks be to God.**

### Psalm 145. 14-21

The Lord upholdeth / all · such as / fall:  
and lifteth / up all / those · that are / down.

The eyes of all wait upon / thee O / Lord:  
and thou givest them their / food in due /  
season.

Thou openest / thine / hand:  
and fillest / all things / living · with /  
plenteousness.

The Lord is righteous in / all his / ways:  
and / merciful · in / all his / works.

The Lord is nigh unto all them that / call up- /  
on him:  
yea all such as / call up- /on him / faithfully.

He will fulfil the desire of / them that / fear  
him:  
he also will / hear their / cry · and will / help  
them.

The Lord preserveth all / them that / love him:  
but de- /stroyeth / all · the un- / godly.

My mouth shall speak the / praise · of the /  
Lord:  
and let all flesh give thanks unto his holy /  
name for / ever · and / ever.

### THE GOSPEL

Alleluia, alleluia, alleluia.  
Speak Lord, for your servant is listening:  
You have the words of eternal life.  
**Alleluia, alleluia, alleluia**

The Lord be with you  
**And with your spirit.**  
Hear the Holy Gospel according to St  
Matthew:  
**Glorify to Christ our Saviour**

When Jesus heard that Herod had beheaded  
John the Baptist, he withdrew in a boat to a  
deserted place by himself.  
But when the crowd heard it, they followed  
him on foot from the towns. When he went  
ashore, he saw a great crowd; and he had  
compassion for them and cured their sick.  
When it was evening, the disciples came to  
him and said, 'This is a deserted place, and the  
hour is now late; send the crowds away so that  
they may go into the villages and buy food for  
themselves.'  
Jesus said to them 'They need not go away;  
you give them something to eat.' They replied,  
'We have nothing here but five loaves and two  
fish.' And he said, 'Bring them here to me.'  
Then he ordered the crowds to sit down on the  
grass. Taking the five loaves and the two fish,  
he looked up to heaven and blessed and broke  
the loaves, and gave them to the disciples, and  
the disciples gave them to the crowds.  
And all ate and were filled; and they took up  
what was left over of the broken pieces,  
twelve baskets full. And those who ate were  
about five thousand men, besides women and  
children.

This is the Gospel of the Lord:  
**Praise to Christ our Lord.**

### **NOTICES**

➤**Sunday service:** The 10.30am Parish  
Eucharist will be streamed on the  
Abergavenny Anglican Churches Together  
Facebook page.  
➤**Wednesday service:** There will also be a  
service streamed on the Facebook page at  
5pm on Wednesday.  
All these services are available as videos on  
the Facebook site. You don't need to have a  
Facebook account in order to see this—just  
log on to <https://www.facebook.com/AberACT>

### ➤**Church opening times for private prayer:**

- St Mary's: From 10am to 2pm on  
Mondays, Wednesdays and Fridays. Six  
people (plus the stewards) will be allowed  
in the church at any one time. The Garden  
of Rest will also be open during these  
times.
- Holy Trinity: Tuesdays 10am until 1pm  
and Thursdays 1pm until 4pm. Some  
Sundays (check with Wardens) 3pm until  
5pm. Six people will be allowed in the  
church at any one time (plus stewards).
- Christchurch: Thursdays 10am to noon.  
Four people allowed in the church at any  
one time (plus stewards).

Please note that you may be asked to give  
your name and telephone number for track  
and trace purposes and please do follow the  
stewards' guidance. Many thanks.

➤**Gift:** Fr Tom's last day with the parishes  
will be August 16—if you would like to  
contribute to a farewell gift for him please  
give your contributions to your church  
treasurer by tomorrow, August 3.  
Contributions can also be left in the red post  
box on the gate of St Mary's Vicarage.